

Served between 10.30am and 10.45pm

Light Bites

Marinated mixed olives ✓ £4.00


Wholemeal pitta bread strips ✓  £5.50
healthy houmous dip and mixed leaf salad

Chef's soup of the day  £6.75
served with a bread roll

Chicken wings (5 or 10 pieces) £8.10 / £12.50
marinated in choice of BBQ, sweet chilli, hot sauce,
garlic aioli or blue cheese sauce

Cheesy nachos ✓ £7.95
tortilla chips, cheese, avocado and tomato relish
Add chicken £3.50

Crispy butterfly panko prawns £8.25
with chipotle chilli lime mayo

Classic Caesar salad  £10.25
cos lettuce, herb croutons, Parmesan shavings and Caesar dressing

House sharing platter £14.95
marinated chicken wings, salt and pepper squid,
stuffed jalapeño peppers, onion rings and garlic bread
with choice of BBQ or sweet chilli sauce

Between Bread

Choose from white or brown bloomer and served with French fries
Upgrade to sweet potato fries £2.00

Healthy veggie sandwich ✓ **VE** **H** £7.95
houmous, avocado, peppers, rocket leaves and sunflower seeds

Flaked tuna and sweetcorn in creamy mayonnaise  £8.15

Ham and Cheddar cheese melt with honey mustard £8.95

Grilled haloumi sandwich ✓ **H** £7.95
with baby gem, tomato and sriracha mayo

Classic Triple Decker Club Sandwich


Between white or wholemeal bloomer served with coleslaw
and French fries


**Grilled chicken breast, streaky bacon, free range egg,
plum tomato and gem lettuce** £12.95

Tortilla Wrap

Healthy falafel wrap ✓ **H** £12.95
cos lettuce, tomato, houmous, pickled onions and gherkins
served with yoghurt dip and French fries

Healthy Corner

Healthy salad ✓ **H**  £11.50
bulgur wheat, mixed leaves, crumbled feta, blueberries and
citrus segments with orange dressing

Super green detox salad ✓ **H** **GF**  £11.75
baby gem lettuce, rocket leaves, quinoa, cherry tomatoes, cucumber,
avocado, edamame beans and pumpkin seeds with honey, balsamic
and mustard dressing

Beetroot and haloumi immune booster salad **H** £11.85
mixed leaves, broccoli, avocado, goji berries and almond flakes
Add chicken breast or shrimps £3.95 each

✓ Vegetarian ✓ **VE** Vegan **H** Healthy **GF** Gluten Free  Fast and Fresh

All our food is prepared in a kitchen where all or some of the below listed food allergens are present. Menu descriptions do not include all ingredients. If you have a food allergy or intolerance, please let us know before ordering. Full allergen information is available, please ask a team member for details.

Allergens; Gluten, crustaceans, molluscs, egg, fish, peanuts, tree nuts, soya, milk, celery, mustard, sesame, lupin, sulphites. All prices include VAT at the prevailing rate. A discretionary 10% service charge will be added to your bill.

Little Italy

Stuffed crust four cheese pizza ✓	£13.50
Stuffed crust pepperoni pizza	£13.75
Indian chicken tikka pizza	£13.75
Extra pizza toppings: mushrooms, ham, jalapeño, red onion or olives	£1.50 each

Pasta Bar

Penne arrabbiata ✓	£15.95
tossed penne pasta with spicy tomato, garlic and red chilli pepper sauce	
Spaghetti with prawns 🍤	£17.65
baby asparagus, samphire, peas and creamy dill sauce	

Classics

Madras vegetable curry with healthy chickpeas and pumpkin ✓	£15.95
served with basmati rice, mini naan bread and mango chutney	
Butter chicken in a creamy cashew sauce (mild)	£16.95
served with basmati rice, mini naan bread and mango chutney	
Fisherman's basket with chips	£16.95
dill battered cod fillet and chips served with smashed peas	
Grilled pork chop	£19.95
served with flat mushroom, cherry tomato relish, chips and peppercorn sauce	
8oz rib eye steak	£23.95
served with flat mushroom, cherry tomato relish, chips and peppercorn sauce	

Flame Grilled Burgers

All burgers are served between a brioche bun with mayonnaise, gem lettuce, tomato, red onion and gherkins served with coleslaw and chips

Beyond burger ✓	£14.95
a plant-based burger served with crushed avocado	
Piri piri marinated grilled chicken breast with tomato relish	£15.50
8oz Aberdeen Angus beef burger	£15.95
Extra toppings: Blue cheese, mature Cheddar, Brie, bacon, fried egg, onion rings	£1.50 each

Sides

Thick cut chips	Sweet potato fries	£4.00 each
Garlic mushrooms	Breaded cream cheese jalapeño peppers	
Mixed leaf salad H	Onion rings	
Garlic bread		

Desserts

Fresh fruit salad H	£5.50
with raspberry sorbet	
Selection of ice-creams (choose 3 scoops)	£6.50
clotted cream, strawberry, dark chocolate or creamed Oreo	
Homemade warm chocolate brownie	£6.75
served with vanilla ice-cream	
White chocolate and raspberry cheesecake	£6.95
Mango drizzling and meringue	
Plaza's cheeseboard	£9.95
Stilton Blue, Brie and Sussex Charmer, served with grapes, fruit chutney and savoury biscuits	